The major outcomes since Feb 2013 are:

- 2 Higher Degree Research Student appointed
- 2 Staff/Student exchanges with partnering universities
- 7 Visiting Fellows to ECU benefiting a range of research staff
- 2 Meetings/workshops with CRN partners to develop research streams
- 20 Research Grant applications submitted
- 6 Research Grants have been funded
- 9 journal articles submitted/published

Future aims

To continue to build a research program that will allow for the scaling of research capacity through the leverage of collaboration, provision of research income, internationalisation, attraction of high-calibre researchers, research training, development of intellectual property, enhance the University’s area of research strength in health and wellness and generate significant research outputs. Building enduring collaborative networks with academic and clinical partners (nationally and internationally) has been an important feature of our CRN program to provide long term research sustainability for the Team. The long term strategy is to provide total research independence of the team by securing large scale long term collaborative funded projects that potentially could include a Co-operative Research Centre in Exercise Medicine or a Centre of Excellence.

Equally important are the potential research partnerships with health and hospital professionals that exist with the expansion of the WA health network. The Health and Wellness Institute is strategically positioned within the growing health precinct of Perth’s northern suburbs enabling further clinical collaboration to support the cancer research program of the team. The Joondalup Health Campus, located at close proximity to the University campus is expanding as part of a $393 million WA Health Department redevelopment which is delivering extensive new facilities and expanded services for public and private patients. As part of this expansion, ECU has made an investment into the new clinical school.

ECU continues its active commitment to health service delivery and research and this is clearly evident from its involvement in the expanding Joondalup health precinct and a suite of regional initiatives which services Perth’s northern corridor, including the outer-metro region. This integrated suite of regional initiatives includes the ECU-led Wanneroo GP Super Clinic, an interprofessional ambulatory care clinic on the University campus and a Mobile Health Service. Building on this engagement, the University is in ongoing discussions with the Department of WA Health about potential research collaboration at the Fiona Stanley Hospital that could provide the University with a further geographic catchment population to enable ECU to expand its medical, health and clinical platforms.
Evidence of this growing health alliance is the recently established exercise Clinic at Genesis Care, Shenton House, Joondalup.

In an Australian first, cancer patients will be able to see both their oncologist and exercise physiologist under one roof. The exercise clinic, complete with a fully equipped gym staffed by ECU exercise physiologists, will allow patients to include tailored exercise programs as part of their cancer treatment.