Health and Wellness Institute Director Professor Daniel Galvão will lead the research project.

A research project to better understand the role exercise plays in counteracting the sexual dysfunction associated with prostate cancer has been given a boost worth $561,844.

Edith Cowan University’s Health and Wellness Institute received the Project Grant, which was part of $559 million worth of grants announced recently by the National Health and Medical Research Council (NHMRC).

Leading the research is Health and Wellness Institute Director Professor Daniel Galvão, Foundation Professor of Exercise and Sports Science Rob Newton and Senior Research Fellow Dr Prue Cormie.

They will collaborate with Griffith University, the University of Newcastle and the Metropolitan Health Service on the project.

Professor Galvão said sexual dysfunction was one of the most common side effects of prostate cancer.

“This project will examine if exercise aids in the management of sexual dysfunction and explores if a combination of pharmacological, exercise and psychosexual therapies maximises improvement in sexual health,” Professor Galvão said.