Dr Roanne Segal is our CRN’s inaugural Visiting Fellow. Her visit was partly sponsored by our CRN to present at the 5th Exercise & Sports Science Australia and 7th Sports Dietitians Australia Conference which was attended by 850 delegates. Following the conference, Roanne then spent 2 days in Perth involved in discussions with our team and clinical partners planning future collaboration.

Dr. Segal received her Bachelor of Science in Physiotherapy at McGill University and initially pursued a career in Sports Medicine Rehabilitation at the Royal Victoria Hospital in Montreal followed by the Massachusetts General Hospital, in Boston. Thereafter she returned to McGill University where she received her medical degree.

Dr. Segal obtained her post-graduate training in Internal Medicine followed by Medical Oncology at the University of Ottawa, and then completed a Fellowship year in Gynecology Oncology in Toronto. She is an Associate Professor of Medicine at the Integrated Cancer Program Ottawa Hospital, University of Ottawa, and became the Medical Director of the Oncology Rehabilitation Program in 1995.

The Oncology Rehabilitation Program was initially designed from a research platform but quickly developed a dual role serving as a clinical exercise program for patients in the region. This clinical portion of the program has now been enveloped into the Psychosocial Oncology Program. The research component continues to do work in the area of Breast and Colon cancer Lifestyle trials.

In 2011 Dr. Segal became Medical Lead of the Breast Disease Site and is also Head of the Survivorship Program.

Her main clinical areas of expertise are in the domains of Breast and Genito-Urinary Malignancy with Rehabilitation Oncology her main Research focus. She continues to teach at the Undergraduate, Graduate as well as Post Graduate levels and contributes to CME at the Provincial and National Levels. In her spare time she can be found cycling somewhere in the mountains.
Visiting Fellow Dr Sandi Hayes (Senior Research Fellow, Institute of Health and Biomedical Innovation, Queensland University of Technology – breast cancer) and Associate Professor Katie Schmitz (Physical activity- chronic diseases) (Department of Family Medicine and Community Health, University of Pennsylvania School of Medicine, USA) spent time with the team on 30 – 31 July to discuss future collaborative engagement and discuss research ideas.

Visiting Fellow Dr Laurien Buffart (EMGO Institute for Health and Care Research, Netherlands) will visit with the team at ECU in August 2012. Dr Buffart will work with Professor Newton to ensure that at least two research outputs with high impact are produced from a recent joint collaboration. The visit will also be used to prepare and submit grant applications to targeted European Union funding agencies, whilst also receiving tactical advice on other research grant opportunities in Europe for 2013. Dr Buffart will provide open lectures to the ECU community on the topic of exercise for the prevention and management of cancer. Furthermore, the visit will enable the establishment of formal exchange agreements for research students and postdoctoral fellows.

Visiting Fellow Prof. Dr. Eduardo Sáez Sáez de Villarreal (Universidad Pablo de Olavide, Spain) will spend approximately 4 months with Professor Newton and the team as a visiting Research Fellow. The visit will involve knowledge sharing and collaborative project building.