Walk or Cycle

There are many short trips where travelling on foot or by bicycle is a good alternative to driving. A recent travel survey found that almost half of all car trips made by Perth residents are 5 km or less, 30% are 3 km or less and some are even just a few hundred metres.

This shows that walking or cycling is possible for many trips — such as going to the local shop or getting the kids to school. And it is a way of fitting healthy physical activity into your everyday life. In fact, 20% of trips made by students living less than 10km from the Mount Lawley campus consist of walking.

You could try cycling to ECU Mt Lawley or walking friends. Many roads offer a safe and convenient route and the network of paths is growing.

Walking Notes:
- Two walking trips a day will go a long way to find 30 minutes of exercise.
- Be courteous to cyclists on shared paths by keeping left.

Cycling Notes:
- Find a convenient route. Use this map or one of the Perth Bike Maps (www.perthbikemaps.com) or cycling maps that can be purchased from bike shops.
- Wear a helmet and bright clothing.
- At night, use front and rear lights.
- Be courteous to walkers who use shared paths.
- Talk to regular cyclists for advice on local cycling conditions.

Train Information

Train services on the Midland line run every 0.15 minutes during the day and half hourly at other times. There are no bus services connecting the University with Mt Lawley Train Station. Train users waiting to connect to buses can go to the Centrebus.

Taking Bikes on Trains:
- Bikes can go on all trains during off peak times, weekends and public holidays.
- During weekday peak times, you can take your bike on trains going away from Perth City (7:00-9:00am) or towards the City (4:30-7:00pm) and bikes are not permitted on buses stopping at or passing through Perth Train Station at these times.
- Free bike lockers and stands are installed at all train stations.

ECU Carparks

ECUCarpark is a free service for ECU staff and students to help first pass a competing package. Save time, money and reduce your transport emissions by sharing the ride to or from ECU. To register and for more information, go to http://ecucarpark.ecu.edu.au.

Want Help?

Contact the ECU Environment Officer for help planning your trip at environment@ecu.edu.au.