

The Nutrition Clinic

Eating for health



Would you like personalised nutrition advice for general healthy eating, fitness or managing a health condition?

The Masters of Nutrition and Dietetics at ECU are providing free student-led dietetics consultations for adults who would like help in understanding and managing their general health or chronic diseases.

WHAT DOES THE CLINIC OFFER?

- Individual dietary consultations
- Detailed nutritional assessment
- Personalised nutrition advice and education to meet your individualised health needs
- Support for the achievement of personalised nutrition goals
- Review appointments

HELPING STUDENTS' LEARNING

Students enrolled in the Master of Nutrition and Dietetics work with an Accredited Practising Dietitians (APD) to deliver the service. Participation in this program not only benefits you but also contributes to the learning opportunity of the future healthcare workforce.

PROGRAM STRUCTURE

How often you attend the clinic is dependent on your situation and needs.

The clinic runs two days per week all year. Consultations are one hour long with after-hours appointments available.



Map courtesy of Joondalup Health Campus

REFERRAL

Anyone can make a referral – you can phone or email to make an appointment. A carer or other professional can also refer you for an appointment.

MORE INFORMATION

Register now by contacting:

Joondalup Community Clinical School
 Joondalup Health Campus
 Shenton Avenue
 Joondalup WA 6027
 Telephone: 0437 289 823
 Email: jccs@ecu.edu.au