

# Mothers Adopting Midwifery Students (MAMS) Program

The MAMS program provides the support of an individual midwifery student throughout the duration of your pregnancy, birth of your baby and in the early postnatal period.



School of  
**Nursing & Midwifery**



# Mothers Adopting Midwifery Students (MAMS)

**At ECU, we pride ourselves on graduating midwives of the highest standard. Our midwifery students become highly qualified professionals eligible to register with the Nursing and Midwifery Board of Australia as a registered midwife.**

With education opportunities in mind, ECU is seeking women who are up to 35 weeks pregnant, who would be prepared to share their childbirth journey with a midwifery student.

**"I gave birth to my second son this year, and now sit at home with a healthy, happy baby, reflecting on what was one of the best experiences of my life."**

I took part in the Mothers Adopting Midwifery Students (MAMS) Program during my pregnancy and was blown away by the support, care, encouragement and dedication of the student I was paired with.

I was reluctant and unsure of what it would look like to have a student 'follow' my pregnancy, however from our very first appointment, my husband and I knew this was the right move for us.

The MAMS student conducted herself with outstanding professionalism, eagerness and enthusiasm. She continued to offer brilliant advice, whilst displaying eagerness to learn and engage in practical experience.

She sat with me during long appointments and calmly reassured me as I waited for potentially confronting results. She was outstanding during my labour and birth, and if this is a reflection of the quality of the course, she will be even more fantastic when she becomes a qualified midwife.



**EMILY MONTEIRO**

MAMS Program Participant

## Support provided to participants

Feedback from previous programs identified that participants experienced a sense of comfort, trust and overall psychological benefit from meeting with the same midwifery student throughout their pregnancy, labour and postnatal period.

## Training provided to midwifery students

Every woman's pregnancy and birthing experience is unique. The MAMS program offers invaluable learning opportunities in addition to a simulation setting, allowing students to develop both their clinical and personal skills.

### Frequently asked questions

#### What is expected of me?

In order to enhance the midwifery student's learning experience, you're encouraged to invite the student to be part of:

- Pregnancy check-ups
- Parent education classes
- Labour and birth
- Postnatal period 4–6 weeks.

Please note that the midwifery student will always be under the supervision of your trained maternity health care provider.

#### Is there any cost to me?

There is no cost associated with taking part in this program.

#### What if I change my mind?

You can withdraw at any stage from this voluntary program.

To find out more, visit  
[ecu.edu.au/mams-program](https://ecu.edu.au/mams-program)



## MORE INFORMATION

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[www.ecu.edu.au](http://www.ecu.edu.au)

Information contained in this brochure was correct at the time of printing and may be subject to change.

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