

ECU Children's Physical Activity Hub Move-Kids Program



Move-Kids Program is a fun, movement based program that aims to improve children's movement skills and self-confidence to ensure every child has the opportunity to enjoy and participate in physical activity, exercise and sport.

Children have an initial assessment of their fundamental movement skills and then are provided with a tailored movement program to match their needs. Results from the initial assessment will be available to parents.

The Move-Kids Program will include appropriate targeted activities, expert instruction and feedback in a fun and non-threatening environment. The program is designed and supervised by senior staff from the School of Medical and Health Sciences and our Exercise & Sports Science graduates and students will help deliver the program.

Where: Building 22, Edith Cowan University Joondalup Campus

When: Tuesday or Thursday (4pm – 5pm) of school terms

Who: All girls and boys aged 4 to 12 years who have difficulty participating in movement, physical activity, exercise and sport or would like to improve their movement and sports skills (ie. improve motor skill performance for school/club sport).

Cost: \$160 - Participants may be eligible for financial assistance. Returning participants are eligible for a 10% discount.

Register: Please fill in registration form and email to Kylie Cormack (k.cormack@ecu.edu.au)

Please contact Kylie Cormack if you have further queries

Kylie Cormack
Senior Lecturer, Exercise & Sports Science:
Motor Development, Human Movement, Inclusion
and Participation, Physical Activity and Health.

Email: k.cormack@ecu.edu.au

Phone: 0427 927 325



ECU Children's Physical Activity Hub

Move-Kids Program Enrolment Form

Duration: 8 weeks, 1 session per week. Program is aligned to school terms

Cost: \$160 (10% discount for returning participants / 10% discount if more than one child from same family)

To register your child and pay please click on the blue link → [Online registration and payment for Move-Kids Program](#)

Venue: Edith Cowan University, Joondalup, **Building 22**, Children's Physical Activity Hub (front of ECU Sports Centre).
Please see map of campus on page 3. Feel free to park in the car park underneath the ECU Sports Centre.

Confidentiality: Details on this form will be held securely and will only be shared with instructors or others who need this information in order to meet the specific needs of your child. You can return this form by emailing it to k.cormack@ecu.edu.au or bringing it to the first session.

Name of child/young person:			
Address:			
Date of birth:			
School attending and grade/year			
Session preference	Tuesday – 4pm -5pm		Thursday – 4pm -5pm
Gender:	Male / Female		
Name of parent / carer:			
Mobile of parent / carer:			
Email address parent / carer:			
Emergency contact information:			
Name of alternative adult who can be contacted in an emergency:		Relationship to child/young person:	
Mobile of alternative adult:			
Please confirm if there any activities that your child cannot participate in?	Please give details:		
<p>Please turn page over 😊</p> <p>Medical information:</p>			

Any specific medical conditions requiring medical treatment?	Yes: Please give details:	No:
Details of medication required (pain/flu/inhaler):		
Any specific medical condition or disability?	Yes: Please give details:	No:
Any allergies?	Yes: Please give details:	No:
Details of any dietary requirements (vegan/vegetarian):	Yes: Please give details:	No:

Consent information: *please tick the box below*

- ☐ I give my consent that if an emergency medical situation arises, the organisation may act as loco parentis. If the need arises for administration of first aid and/or other medical treatment which in the opinion of a qualified medical practitioner may be necessary. I also understand that in such circumstances that all reasonable steps are made.
- ☐ I give my consent for photos /videos to be taken of my child as long as they are used in a respectful and appropriate manner
- ☐ I give permission for my child's results (data) to be used in future research undertaken by Edith Cowan University. Results will be kept securely and data will be de-identified / anonymous.

Name of parent /carer		Signature of parent / carer	
Date:	Any other relevant information:		

PLEASE SCAN OR TAKE A PHOTO OF THIS ENROLMENT FORM AND SEND TO PROGRAM COORDINATOR: Kylie Cormack

Mobile: 0427 927 325

Email: k.cormack@ecu.edu.au

Payment WEB ADDRESS:

https://payonline.ecu.edu.au/other/tran?UDS_SEARCH_VIEW=Detail&UDS_PAGE_VIEW=Search&UDS_SEARCH_DETAIL_ID=0&UDS_SEARCH_TEXT=&UDS_ACTION=MSPB&UDS_ACTION_DATA=Fi4nBzNBLAVOKiBwSkJDcl4gQgxIU0UbKDlxWAdOXUJ5Qy4g

