

# **TRAUMA AND DEVELOPMENT: UNDERSTANDING THE IMPACT FOR EDUCATORS**

### **AN ONLINE SHORT COURSE FOR EDUCATORS**

### **OVERVIEW**

Children and adolescents who live in adverse circumstances where there is neglect, abuse, or violence, live in a state of hypervigilance and with toxic stress from experiencing ongoing, traumatic events. Toxic stress sabotages development and wellbeing – the brain and the body struggle to function effectively, the consequences of which, can be far-reaching.

This short course looks at the impact of adversity and toxic stress on development, focussing on the brain. Educators will build their knowledge and understanding of children and adolescents whose development has been interrupted by toxic stress and trauma.



### **KEY AREAS COVERED IN THIS COURSE**

- Trauma and Development (early childhood to adolescence)
- Adversity, the brain, and toxic stress
- Resilience

**REGISTER ONLINE** 

## **Enrol at anytime!**

### DETAILS

The course, created by Dr Kay Ayre, is entirely online and self-paced, taking approximately 9 hours to complete. Enrol at anytime!

### COST

\$175.00 to undertake the course which includes all reading materials, case studies and online activities.

A 10% discount is offered to ECU alumni

### **MORE INFORMATION**

http://www.ecu.edu.au/short-courses/ education/trauma-and-developmentunderstanding-the-impact-for-educators

**ECU.EDU.AU/EDUCATION** 

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