

## PUBLICATIONS

### Journals

- Drane, C., Vernon, L., & O'Shea, S. (submitted April 2020). Vulnerable learners in the age of COVID-19: A scoping review. *The Australian Educational Researcher*.
- Devlin, M., Zhang, L-C., Edwards, D., Withers, G., McMillan, J., **Vernon, L.**, & Trinidad, S. (for submission). The cost and economies of scale in supporting students from low SES backgrounds in Australian higher education.
- Modecki, K., Low-Choy, S., Uink, B., **Vernon, L.**, Correia, H., & Andrews, K. (resubmitted March 2020). Tuning into the Real (Benign) Effect of Smartphone Use on Parenting: A Multiverse Analysis. *Journal of Child Psychology and Psychiatry*
- Vernon, L.** (2019). Time-use patterns for the *iGeneration*: A person-centred approach. *Human Behavior and Emerging Technologies*. (2)1. <http://dx.doi.org/10.1002/hbe2.146>
- Vernon, L.**, Watson, S. J., \*Moore, W., & \*Seddon, S. (2019) University enabling programs while still at school: Supporting the transition of low-SES students from high-school to university. *The Australian Educational Researcher*, 46(3), 489-509. DOI: 10.1007/s13384-018-0288-5 <https://rdcu.be/bbl8B>
- \*Geagea, A., **Vernon, L.**, & MacCallum, J. (2019). Creative arts outreach initiatives in schools: Effects on university expectation and discussions about university with important socialisers. *Higher Education Research & Development*, 38(2), pp. 250-260. DOI: [10.1080/07294360.2018.1529025](https://doi.org/10.1080/07294360.2018.1529025)
- \*Cunninghame, I., **Vernon, L.**, & Pitman, T. (2019 under review). To be seen and heard: The role student voice plays in student engagement. *Studies in Higher Education*.
- Vernon, L.**, Modecki, K. L., & Barber, B. L. (2018). Mobile phones in the bedroom: Trajectories of sleep habits and subsequent adolescent psychosocial development. *Child Development*, 89(1), 66-77. DOI: 10.1111/cdev.12836
- AWARD: In top 5% of all research outputs scored by Altmetric; High Attention Score compared to outputs of the same age (98<sup>th</sup> percentile).** <https://www.altmetric.com/details/20698106>
- Vernon, L.**, Taggart, A., Watson, S. J., & Seddon, S. (2018, July). *Pathways to tertiary education: Studying University enabling programs while still at high school*. Paper presented at the 4<sup>th</sup> STARS conference for Student, Transition, Achievement, Retention, Success, Auckland, New Zealand. Retrieved from <http://unistars.org/papers/STARS2018/06B.pdf>
- Vernon, L.**, Watson, S. J., & Taggart, A. (2018). University aspirational pathways for metropolitan and regional students: Implications for supporting school-university outreach partnerships. *Australian and International Journal of Rural Education* 28(1). Retrieved from <http://journal.spera.asn.au/index.php/AIJRE/article/view/167>
- \*Geagea, A., MacCallum, J., **Vernon, L.**, & Barber, B. L. (2017). Critical links between arts activity participation, school satisfaction and university expectation for Australian high school students. *Australian Journal of Educational & Developmental Psychology*, 15, pp. 53-65. Retrieved from [https://www.newcastle.edu.au/data/assets/pdf\\_file/0008/389096/AJEDP-V15-Geagea-et-al-pp-53-65.pdf](https://www.newcastle.edu.au/data/assets/pdf_file/0008/389096/AJEDP-V15-Geagea-et-al-pp-53-65.pdf)
- Vernon, L.**, Modecki, K.L., & Barber, B.L. (2017). Tracking effects of problematic social networking on adolescent psychopathology: The mediating role of sleep disruptions. *Journal of Clinical Child & Adolescent Psychology*, 46(2), 269-283. doi.org/10.1080/15374416.2016.1188702
- Watson, S. J., **Vernon, L.**, \*Seddon, S., Andrews, Y. & \*Wang, A. (2016). Parents influencing secondary students' university aspirations: A multilevel approach using school-SES. *Issues in Educational Research*, 26(4), 673-693. <http://www.iier.org.au/iier26/watson.pdf>
- Vernon, L.**, Barber, B. L., & Modecki, K. L. (2015). Adolescent problematic social networking and school experiences: The mediating effects of sleep disruptions and sleep quality. *Cyberpsychology, Behavior and Social Networking*, 18(7), 386-392. doi:10.1089/cyber.2015.0107
- Modecki, K., Barber, B., & **Vernon, L.** (2012). Mapping developmental precursors of cyber-aggression: Trajectories of risk predict perpetration and victimization. *Journal of Youth and Adolescence*, 42(5). doi: 10.1007/s10964-012-9887-z

## Book Chapter

Vernon, L., Modecki, K.L., & Barber, B.L. (2018). Tracking effects of problematic social networking on adolescent psychopathology: The mediating role of sleep disruptions. In L.J. Meltzer (Ed.), *Sleep and Developmental Psychopathology* (pp. 269 -283). New York, N.Y.: Routledge.

## Reports

Koshy, P., & **Vernon, L.** (2019). *Mature age enrolments in higher education stem in Australia and Western Australia: Access, participation and outcomes*. National Centre for Student Equity in Higher Education (NCSEHE), Perth: Curtin University.

Devlin, M., Zhang, L.-C., Edwards, D., Withers, G., McMillan, J., **Vernon, L.**, & Trinidad, S. (2019). *Economies of scale in supporting low SES students: Research report*. Canberra: Department of Education and Training.

Taggart, A., Docherty, H., & **Vernon, L.** (2017). *Mathematics pathways to STEM careers final report*. Department of Education Higher Education Division, Canberra. Retrieved from <https://www.ncsehe.edu.au/project/mathematics-pathways-stem-careers-pathways-stem/>

**Vernon, L.**, & Taggart, A. (2017). MAP4U. In S. Trinidad, & N. Zacharias (Eds.), *Higher Education Participation and Partnerships Program: Seven years on* (pp. 38 – 39). Perth: Curtin University. Retrieved from <https://www.ncsehe.edu.au/murdoch-university-map4u/>

**Vernon, L.**, & Taggart, A. (2016). *Murdoch Aspirations and Pathways for University (MAP4U) final report*. Department of Education Higher Education Division, Canberra.

**Vernon, L.**, & Taggart, A. (2015). *Murdoch Aspirations and Pathways for University (MAP4U) progress report*. Department of Education Higher Education Division, Canberra.

**Vernon, L.**, & Taggart, A. (2017). MAP4U: Aspirations and pathways for university. In S. Trinidad, & M. Kelly (Eds.), *Partnerships in higher education: Make tomorrow better* (pp. 32 – 33). Perth: Curtin University. Retrieved from <https://www.ncsehe.edu.au/wp-content/uploads/2014/12/NCSEHE-Partnership-Publication-Web.pdf>

**Vernon, L.**, & Taggart, A. (2014). *Murdoch Aspirations and Pathways for University (MAP4U) progress report*. Department of Education Higher Education Division, Canberra.

**Vernon, L.**, & Taggart, A. (2013). *Murdoch Aspirations and Pathways for University (MAP4U) progress report*. Department of Education Higher Education Division, Canberra.

**Vernon, L.**, & Barber, B.L. (2010). Inquiry into The Mental Health and Wellbeing of Children and Young People. Commissioner for Children and Young People in WA. (Submission).

## PRESENTATIONS

### Invited Lectures (Bolded = presenter)

**Vernon, L.** (2018, May). *The Role of Problematic Technology Use for Adolescents: The Importance of Sleep for Wellbeing and Translating Scientific Research*. **Murdoch University School of Psychology and Exercise Science Seminar Series**.

**Vernon, L.** (2017, August). *The Role of Problematic Technology Use for Adolescents: The Importance of Sleep for Wellbeing*. **Flinders University – Psychology Colloquium**.

**Vernon, L., & Taggart, A.** (2017, April). *Supporting the Aspirations of Low-SES Students to Attend University: Challenges of Education Systems, School Cultures and Student Attainment*. **The John Curtin Institute of Public Policy – Curtin Corner Seminar Series** Equally presented, L.Vernon with A. Taggart.

### Conferences (Bolded = presenter)

**McGowan, E., & Vernon, L.** (Nov 2019). *Aspire UWA Case Study: Participation in outreach programs supports confidence and awareness of opportunities for high school students*. Paper presentation at the 2019 Biennial Conference of the Equity Practitioners in Higher Education in Australasia, University of Wollongong, Wollongong, New South Wales.

- Vernon, L.** (Nov 2019). *University or vocational education? Career information to support and broaden aspirations*. Poster presented at the 2019 Biennial Conference of the Equity Practitioners in Higher Education in Australasia, University of Wollongong, Wollongong, New South Wales.
- Vernon, L.** (April 2019). *Research Informing Policy and Practice: Facilitating student equity in Australian higher education*. Interactive session presented at the 5<sup>th</sup> Annual Enhancing student experience: Building a seamless end-to-end positive student journey, Victoria University, Melbourne, Victoria.
- Vernon, L., & Taggart, A.** (2018, November). *Supporting mathematics pathways to STEM careers for regional students in high schools*. Paper presented at 34<sup>th</sup> National Society for the Provision of Education in Rural Australia - SPERA Conference, Perth, Australia.
- Vernon, L.** (2018 September). *Practice: Enabling Philosophies and Practices that Matter to Students and Educators*. *National Association of Enabling Educators of Australia*. Symposium conducted at the National Association of Enabling Educators of Australia, University of Newcastle, Newcastle, New South Wales.
- Vernon, L., Uink, B., Modecki, K. L., & Correia, H.** (2018, July). The role of the smartphone for work after-work and life stress: Does age matter. In H. Correia (Chair), *Impact of smartphones on offline relationships*. Symposium conducted at the 25<sup>th</sup> Biennial meeting of the International Society for the Study of Behavioural Development (ISSBD), Gold Coast, Queensland
- Vernon, L., Uink, B., Modecki, K. L., & Correia, H.** (2018, July). Does smartphone dependence interfere with relationship satisfaction, from young adulthood to old age? In H. Correia (Chair), *Impact of smartphones on offline relationships*. Symposium conducted at the 25<sup>th</sup> Biennial meeting of the International Society for the Study of Behavioural Development (ISSBD), Gold Coast, Queensland
- Vernon, L., Taggart, A., Watson, S. J., & Seddon, S.** (2018, July). *Pathways to tertiary Education: Studying University enabling programs while still at high school*. Paper presented at Student Transitions Achievement Retention and Success-STARS, Auckland, New Zealand.
- Vernon, L., & Taggart, A.** (2018, July) *High school students from low socioeconomic status backgrounds (re)value higher education: via university enabling programs*. Paper presented at Higher Education Research and Development Society of Australasia, Adelaide.
- Vernon, L., & Taggart, A.** (2017, September). *School – University partnerships: Building aspirations, expectations, engagement and enrolment in higher education*. Paper presented at 33<sup>rd</sup> National Society for the Provision of Education in Rural Australia - SPERA Conference, Canberra, Australia.
- Cunninghame, I., & **Vernon, L.** (2017, November). *To be seen and heard: The role of student voice in valuing education*. Paper presented at Equity Practitioners in Higher Education Australasia conference 2017, Brisbane, Australia.
- Vernon, L., Watson, S. J., Moore, W., & Seddon, S.** (2017, November). *University enabling programs while still at school: Supporting the transition of low-SES students from high-school to university*. Paper presented at Australian Association for Research in Education (AARE) Conference 2017, Canberra, Australia.
- Vernon, L., Watson, S. J., & Taggart, A.** (2017, November). *School-university partnerships and low-SES student university expectations: the role of emotional engagement for valuing school education*. Paper presented at Australian Association for Research in Education (AARE) Conference 2017, Canberra, Australia.
- Vernon, L., Modecki, K. L., & Barber, B.L.** (2016 Oct). Increases in mobile phone use predicts increases in psychopathology through changed sleep. In C. Odgers, (Chair), *Constantly connected: Risks and opportunities for adolescent development*. Symposium conducted at the meeting of SRCD Special Topic: Technology and Media in Children’s Development, Irvine, California.
- Vernon, L., & Barber, B.L.** (2016). Early participation in extra-curricular activities and later university aspirations: The role of academically oriented peers. In F. Poulin (Chair), *Revisiting the link between organized activities and academic outcomes*. Symposium conducted at the biannual meeting of SRA, Baltimore, Maryland.
- Vernon, L., Barber, B. L., & Modecki, K.** (2015). *The development of sleep disturbance and depressed mood in adolescence: The role of problematic social networking*. Paper session 50<sup>th</sup> Australian Psychological Society (APS), Queensland, Australia.
- Vernon, L., Barber, B. L., & Modecki, K.** (2015). A growth curve analysis of the joint influences of problematic social networking use and school satisfaction with sleep disturbance mediating the relationship. Paper session 19<sup>th</sup> Australasian Human Development Association (AHDA), Wellington, New Zealand.
- Vernon, L., Watson, S., & Taggart, A.** (2015). *Desire and expectation to aspire to university: A multi-group, cross-lagged panel study*. Paper session presented at AARE Perth, Australia.

- Watson, S., Carr, D., **Vernon, L.**, & Taggart, A. (November 2015). *Expectations of Low-SES Students to Attend University Facilitate Aspirations of Higher Education Discussions with their Parents*. Paper to be presented The Joint Australian Association for Research in Education and New Zealand Association for Research in Education Conference, Fremantle, Australia.
- \***Geagea, A.**, MacCallum, J., Taggart, A., Vernon, L. (2015). *Conversations with young people: navigating higher education aspirations through creative arts outreach programs in low SES schools*. Paper to be presented at The Joint Australian Association for Research in Education and New Zealand Association for Research in Education Conference, Fremantle, WA
- \*Prodonovich, S., & **Vernon, L.** (2014, December). Building aspiration capacity: Investigating task centred outreach. In A. Taggart (Chair), *Social Justice*. Symposium conducted at The Joint Australian Association for Research in Education and New Zealand Association for Research in Education Conference, Brisbane, Australia.
- Vernon, L.**, & Taggart, A. (2014). Low SES contexts: Battles of purpose and outcomes for students in years 11 and 12. In A. Taggart (Chair), *Social Justice*. Symposium Australian Association - Research in Education (AARE) Brisbane, Australia.
- Vernon, L., **Barber, B. L.**, & Modecki, K. (2014). *School satisfaction: The role of social networking and sleep*. Paper presented at the European Association for Research on Adolescence, Cesme, Turkey.
- Taggart, A., **Vernon, L.**, & \*Prodonovich, S. (2014). MAP4U; Aspirations and pathways for university. In NCEHE (Eds.), *Partnerships in higher education* (pp. 38-39). Perth: Curtin University.
- \*Geagea, A., **Vernon, L.**, Barber, B.L., & Taggart, A. (2014). *Profiling youths' art engagement and the links to university aspirations*. Poster presented at the European Association for Research on Adolescence, Cesme, Turkey.
- \***Geagea, A.**, Vernon, L., Taggart, A., & Barber, B.L. (August 2014). *Enhancing Low SES high school students' university aspirations through Creative Arts programs: What works and for whom?* Paper presented at the meeting of the Western Australian Institute for Educational Research, Perth, WA.
- \***Geagea, A.**, Vernon, L., Taggart, A., & Barber, B.L. (November 2014). *Enhancing Low SES high school students' university aspirations through Creative Arts programs: What works and for whom?* Paper presented at the World Alliance for Arts Education, Brisbane, Australia.
- Vernon, L.**, Barber, B. L., & Modecki, K. (2012). *Adolescent's investment in Social Networking Sites and student engagement: The mediational role of sleep deprivation*. Poster session presented at the 13th Biennial Conference of the European Association for Research on Adolescence (EARA), Spetses, Greece.
- Vernon, L., Barber, B. L., & **Modecki, K.** (2012). *Adolescent discretionary time management: Does time engaged in social networking compete with homework and sleep?* Poster session presented at the 14th Biennial Meeting of the Society for Research on Adolescence (SRA), Vancouver Canada.
- Vernon, L.**, & Barber, B. L. (2011). *Adolescent extracurricular activity and levels of alcohol use in regional and metropolitan locations: The mediational role of peers*. Poster session presented at the 17th Biennial Conference of the Australasian Human Development Association (AHDA), Dunedin, New Zealand.
- Vernon, L.** (2009). *Adolescent extracurricular activity and levels of alcohol use in regional and metropolitan locations: The mediational role of peers*. (Unpublished Bachelor of Arts [Hons]. Thesis seminar presentation). Murdoch University, Perth, Western Australia.

## Media

### Topic: Adolescent problematic technology use and sleep

- Australian media - From 03-05-2017 to 03-05-2018 **Australian** media coverage reached an audience of **1,776,112 people** - <https://cloudstor.aarnet.edu.au/plus/s/eu0kZXzblCdqpET>

### Print (Australian)

1. West Australian. (19<sup>th</sup> Feb 2018). *Social media rehab*. <https://cloudstor.aarnet.edu.au/plus/s/XpgVwkUeXaBL9yn>
2. Mather, J. (Financial Review January 6<sup>th</sup> 2018). *Bedroom ban on phones: School pledge helps kids sleep*. <http://www.afr.com/technology/apps/education/bedroom-ban-on-phones-school-pledge-helps-kids-sleep-20180103-h0Cu06>
3. Weekend West. (19<sup>th</sup> January 2018). *Sleepless kids linked to mobile phone use*. <https://cloudstor.aarnet.edu.au/plus/s/apoeWmmcgTwu23S>

- Laschon, E. (ABC News, 20 May 2017). *Mobile phones are tempting teens late at night – and researchers say it's causing problems*. <http://www.abc.net.au/news/2017-05-30/mobile-phone-use-late-at-night-causing-teens-problems-study-says/8572682>
- Australasian Science (July/ August 2017). Night phone use harms adolescent mental health. *Australasian Science* 38(4), p7. <http://www.australasian-science.com.au/article/issue-julyaugust-2017/night-phone-use-harms-adolescent-mental-health.html>
- Phys.org. (15<sup>th</sup> August 2017). *Researchers investigate Australia's relationship with smartphones*. <https://phys.org/news/2017-08-australia-relationship-smartphones.html>
- Melville Times. (12<sup>th</sup> June 2017). *Calls to limit late-night mobile use*. <https://cloudstor.aarnet.edu.au/plus/s/pFXEMX2SxD2gi58>
- Hiatt, B. (West Australian, 31<sup>st</sup> May 2017). *Late-night phone use harmful to teen health*. <https://thewest.com.au/news/health/late-night-phone-use-harmful-to-teen-health-ng-b88491296z>
- Psychiatry Advisor. (September 29, 2015). *Social media at bedtime harms sleep, mood for teens*. (<http://www.psychiatryadvisor.com/child-adolescent-psychiatry/social-media-adolescents-young-people-sleep-mood-depression/article/441535/>)

## Radio/Podcasts

- Ziffer, D., & Lane, S. (ABC AM 9<sup>th</sup> November 2017). *Smartphone use 'a leash' across generations*. <http://www.abc.net.au/radio/programs/am/smartphone-use-a-leash-across-generations/9132914>
- Grimm, N. (ABC PM; May 30 2017). *Late night mobile phone use leading teens down a dangerous path*. <http://www.abc.net.au/pm/content/2016/s4677605.htm>

## Video

- Hampton, S. (West Australian, 20<sup>th</sup> January 2018). *Sleepless kids linked to night-time mobile phone use*. <https://thewest.com.au/news/wa/sleepless-kids-linked-to-night-time-mobile-phone-use-ng-b88718369z>
- Demasi, D. (Channel 9 news 30<sup>th</sup> May 2017). *Phone dangers*. <https://www.youtube.com/watch?v=3KTf3FW6Bkk>
- NBN News, Gold Coast News (3<sup>rd</sup> October, 2015). *Psychologists warn social media making kids too emotional to sleep*. <http://www.nbnnews.com.au/2015/10/03/psychologists-warn-social-media-making-kids-too-emotional-to-sleep/>

## Social Media

- ABC Darwin. (30<sup>th</sup> September 2015) *Just a casual check of social media before you go to bed, right?* <https://www.facebook.com/ABCDarwin/photos/a.341539384872.153397.339639229872/10153801606019873/>
- FACEBOOK Views = 175,000
  - Channel 9 Facebook page with video embedded – 102, 343 views of research;
  - Channel 7 with 43,800 views of the research;
  - thejournal.ie with 38,583 views.
  - Screenshot of three FB pages available here <https://cloudstor.aarnet.edu.au/plus/s/6XLZBgqmDHNkHBI>

## Global Media Outlets

- Hispanic Child Trends News Service. (August 2018). *Late night phone use means more than sleepy teens*. <https://www.childtrends.org/videos/late-night-phone-use-means-more-than-sleepy-teens>
- Hill, C. (9<sup>th</sup> June 2017). Episode 8: Teens, mobile phones and wellbeing for teachers. UKEdChat. <https://ukedchat.com/2017/06/09/episode-08/>
- Manning, J. (29<sup>th</sup> September 2015). Social media at bedtime linked to poor sleep and poor mental health for teens. MedicalXpress. <https://medicalxpress.com/news/2015-09-social-media-bedtime-linked-poor.html>
- Hunt, E. (The Guardian, 30<sup>th</sup> May, 2017). *Teenagers' sleep quality and mental health at risk over late-night mobile phone use*. <https://www.theguardian.com> or <https://cloudstor.aarnet.edu.au/plus/s/VQyS7FA0uS03Xaw>
- Price-Mitchell, M. (Khaleej Times, 26<sup>th</sup> April 2018). *Vamping can affect sleep, mental health*. <https://www.khaleejtimes.com/editorials-columns/vamping-can-affect-sleep-mental-health>
- Halpin, H. (4<sup>th</sup> June 2017). *Wide awake: late-night phone use harms teenagers' mental health and sleep quality*. The Journal.ie, – Ireland <https://cloudstor.aarnet.edu.au/plus/s/TinXMXtvzZ9aASP>