

## REPORT

Cecil Kullu, Peter J. Taylor, **Joanne M. Dickson**, Catherine Mills, & Helen Muholland. Report titled, *'Hospital Outpatients Psychotherapy Engagement (HOPE) Service: 'Making a Shift towards Community'*. Mersey Care NHS & University of Liverpool. November 2017.

## **INVITED TALKS & PEER REVIEWED CONFERENCE PRESENTATIONS**

- 49. Danielle Reaves, Joanne M. Dickson, Jason Halford & Charlotte Hardman. Presentation, titled,
   *'Drinking to cope: A qualitative analysis of alcohol problems following weight loss surgery'* #1-27. Western Psychological Association, Annual Conference, Portland, USA. 26-29<sup>th</sup> April, 2018.
- 48. Joanne M. Dickson. (Convenor & Chair). Symposium titled, 'Motivation and Affect Regulation in Mental Health'. British Association of Behaviour Cognitive Psychotherapies (BABCP), 45<sup>th</sup> Annual Conference, Manchester, United Kingdom. 25-28<sup>th</sup> July, 2017.
- **47. Joanne M. Dickson,** Sheri Johnson, Christopher D. Huntley, Andrew Peckham, Peter J. Taylor. Symposium titled, '*Motivation and Affect Regulation in Mental Health'*. British Association of Behaviour Cognitive Psychotherapies (BABCP), 45<sup>th</sup> Annual Conference, Manchester, UK. 27<sup>th</sup> July, 2017. Individual symposium presentation, titled, '*Understanding motivational and goal regulation processes in anxiety, depression, and hypomania from a transdiagnostic perspective'*.
- 46. Joanne M. Dickson, Nicholas J. Moberly, Gemma Williams & Christopher D. Huntley. Symposium titled, 'The Role of Goal Structure in Personal and Occupational Wellbeing: Mechanisms and Research Directions'. British Association of Behaviour Cognitive Psychotherapies (BABCP), 45<sup>th</sup> Annual Conference, Manchester, UK. 25-28<sup>th</sup> July, 2017. Individual symposium presentation, titled, 'Goal discrepancy and perseverative thinking in anxiety and depression' (27<sup>th</sup> July)
- **45**. Nicholas J. Moberly & **Joanne M. Dickson.** Symposium titled, '*The Role of Goal Structure in Personal And Occupational Wellbeing: Mechanisms and Research Directions'*. British Association of Behaviour Cognitive Psychotherapies (BABCP), 45<sup>th</sup> Annual Conference, Manchester, UK. 25-28<sup>th</sup> July, 2017. Individual symposium presentation, titled, '*Goal conflict, ambivalence, and psychological distress: Elaboration of the nomological net*' (27<sup>th</sup> July)
- **44. Joanne M. Dickson** & Nicholas J. Moberly. Individual presentation, titled, 'Goal dysregulation in depression'. International Psychological Applications Conference & Trends.
  - Budapest, Hungary, 29<sup>th</sup> April 1<sup>st</sup> May, 2017.
- **43. Joanne M. Dickson**, Shannon Dandy & Peter J. Taylor. Presentation titled, 'A systematic review to identify the prevalence and antecedents of self-harm, suicide in Australian Aboriginal and Torres Strait Islander Youth'. Australian Psychological Society Annual Conference, Melbourne, 13-16<sup>th</sup> September, 2016.
- **42. Joanne M. Dickson.** (Convenor & Chair) Symposium titled, 'Goal Motivation Processes in Mental Health'. European Association of Behavioural Cognitive Therapies (EABCT), 46th Annual Conference, Stockholm, 30<sup>th</sup> August 3<sup>rd</sup> September, 2016. Individual Symposium presentation titled, 'Maladaptive goal processes in depression'.
- **41**. Danielle Reaves, **Joanne M. Dickson**, Paul Christiansen, Emma Boyland, Jason C. G. Halford, & Hardman, C. Individual presentation, titled, *'Exploring the use of alcohol as a coping strategy following weight loss surgery: A qualitative analysis'*. The British Feeding and Drinking Research Group. UK, 6-7 April, 2017.
- Jo Iddon, Kate Marks, Katy Bourne, Jen Unwin, Joanne M. Dickson. Symposium titled, 'Well-being in physical health: Time to focus on positive outcomes?' British Psychological Society (BPS), Division of Clinical Psychology (DCP) Annual Conference, Liverpool, UK, 18-20 January, 2017
   40. Individual Symposium presentation titled, 'Well-being exploring psychological mechanisms' (Kate Marks, Jen Unwin, Joanne M. Dickson)



39. Individual Symposium presentation titled, 'Positive goal engagement and increased well-being amongst individuals with chronic pain' (Jo Iddon, Joanne M. Dickson, Peter J. Taylor)
38. Individual Symposium presentation titled, 'Subjective well-being and fibromyalgia' (Katy Bourne, Joanne M. Dickson, Peter J. Taylor, Jen Unwin)

- 37. Jo Iddon & Joanne M. Dickson. Presentation titled, 'Do positive psychological interventions make a difference to people living with chronic pain?' A systematic review of the literature. Poster presentation. The Annual Scientific Meeting of the British Pain Society, Harrogate, England, May, 2016.
- 36. Laura Bettney & Joanne M. Dickson. Individual presentation, titled, 'Developing and testing an integrative model of binge drinking behavior in a student population'. The British Psychological Society Annual Conference, the University of Glasgow, Glasgow, Scotland, 27<sup>th</sup> July, 2015.
- **35. Joanne M. Dickson**. Convenor, Symposium titled, 'Goal Processes in Mental Health', British Association of Behavioural Cognitive Psychotherapies (BABCP), 43<sup>rd</sup> Annual Conference, Warwickshire, England, 22<sup>nd</sup> July, 2015.

Individual symposium presentation titled, 'Goal specificity, content and function in depression'.

- 34. Alison Winch, Joanne M. Dickson & Nicholas J. Moberly. Individual symposium presentation, titled,
   *'Unique associations between anxiety, depression and motives for approach and avoidance goal pursuit'*. British Association of Behavioural Cognitive Psychotherapies (BABCP), 43<sup>rd</sup> Annual Conference, Warwickshire, England, July, 2015.
- **33. Joanne M. Dickson** & Nicholas Wood. (Co-Convenor & Chair), British Psychological Society (BPS), Group of Trainers in Clinical Psychology, annual conference, *'Research Conference Stream (2-days)'*, Sherwood Forest, Nottingham, UK, November, 2015.
- **32. Joanne M. Dickson.** (Invited Talk, 2014). 'Understanding depression and anxiety from a goal regulation perspective'. University of Lancaster, England, 4<sup>th</sup> March, 2014.
- **31. Joanne M. Dickson** & Nicholas Wood. (Co-Convenor & Chair), British Psychological Society (BPS), Group of Trainers in Clinical Psychology, annual conference, *'Research Conference Stream (2-days)'*, Belfast, UK, November, 2014.
- **30. Joanne M. Dickson.** Symposium Convenor. British Association of Behavioural Cognitive Psychotherapies (BABCP) 41<sup>st</sup> Annual Conference, London, England, 16-19<sup>th</sup> July, 2013. Individual symposium presentation, titled, '*Goal regulation processes in depression*' (17<sup>th</sup> July).
- **29. Joanne M. Dickson.** Individual presentation, titled, 'Goal regulation processes in adolescent anxiety'. The 8<sup>th</sup> International Conference in Child and Adolescent Psychopathology, London, University of Roehampton, 16th July, 2013.
- 28. Lisa Di Lemma, Joanne M. Dickson & Matt Field. Individual presentation, titled, 'Do automatic and self-report indices of motivational ambivalence predict relapse to heavy drinking following alcoholism treatment?' The 55<sup>th</sup> Tagung Conference of Experimental Psychologist (TEAP). Vienna, Austria, 24-27<sup>th</sup> March, 2013.
- **27. Joanne M. Dickson.** Individual symposium presentation, titled, 'Alcohol dependence is characterised by weak negative rather than strong positive alcohol associations'. 42<sup>nd</sup> European Association of Behavioural Cognitive Therapies Annual Conference (EABCT), Geneva, Switzerland, 29<sup>th</sup> August 1<sup>st</sup> September, 2012.
- 26. Joanne M. Dickson. (Invited Talk, 2012)., 'Internalised goal regulation and expectancy in adolescent anxiety'. Motivation Laboratory, Clinical and Social Sciences in Psychology, University of Rochester, US. 28<sup>th</sup> April, 2012.
- **25**. Alex Montasem, Steve Brown, Joanne M. **Dickson** & Rebecca Harris. Individual Presentation, titled, *'Promoting psychological well-being in dentists: The role of implicit aspirations'*. British Psychological Conference, Liverpool, 5-7<sup>th</sup> September, 2012.
- **24. Joanne M. Dickson.** Invited Visiting Research Scholar, University of Rochester, 23-28<sup>th</sup> April, 2012.
- 23. Alex Montasem, Stephen Brown, S., Joanne M. Dickson, & Rebecca Harris. Individual presentation,



titled, *'Promoting psychological well-being in dentists: The role of implicit aspirations'*. British Psychological Conference, Liverpool, 5-7<sup>th</sup> September, 2012.

- 22. Joanne M. Dickson, Nicholas J. Moberly, Yehuda Marshall, & James Reilly. Individual presentation, titled, 'Attachment style and its relationship to working alliance in the supervision of British Clinical Psychology Trainees'. British Psychological Society (BPS), Group of Trainers in Clinical Psychology, annual conference, Exeter, United Kingdom, 7<sup>th</sup> 9<sup>th</sup> November, 2011.
- 21. Joanne M. Dickson & Nicholas J. Moberly. Co-Convenor. Symposium titled, 'Goal motivation in mood disorders'. Symposium: 'Goal motivation in mood disorders'. European Association of Behavioural Cognitive Psychotherapies (EABCT) 41<sup>st</sup> annual conference, Iceland, Reykjavik, 31<sup>st</sup> August 3<sup>rd</sup> September, 2011. Individual symposium presentation, titled, 'Depressed people are not less motivated but have difficulty in attaining their goals'.
- 20. Matt Field, Helen Barkby, Joanne M. Dickson, & Louise Roper. Individual Symposium presentation, titled, 'To approach or avoid alcohol? Automatic and self-reported motivational tendencies in alcohol dependence'. European Association of Behavioural Cognitive Psychotherapies (EABCT) 41<sup>st</sup> annual conference, Iceland, Reykjavik, 31<sup>st</sup> August 3<sup>rd</sup> September, 2011.
- 19. Matthew Gullo, Helen Barkby, Joanne M. Dickson, Louise Roper, Matt Field. (2011). Presentation, titled, 'A comparison of behavioural and self-reported motivational tendencies in alcohol dependence'. The annual RSA conference, June, Atlanta, Georgia, June, 2011.
- 18. Joanne M. Dickson & Nicholas J. Moberly. Co-Convenor & Chair. Symposium presentation, titled, 'Goal pursuit across the emotional disorders'. 3<sup>rd</sup> June, 2010. World Congress of Behavioural Cognitive Therapies (WCBCT), Boston, US, 2-5th June, 2010. Individual Symposium presentation, titled, 'Approach and avoidance goal systems in relation to depression'.
- **17. Joanne M. Dickson** & Moberly, N. J. Symposium Presentation, titled, *'Utilising Control Theories in the Science and Practice of CBT'*. 22<sup>nd</sup> July, 2010. British Association of Behavioural and Cognitive Psychotherapies (BABCP) 38th annual conference, Manchester, UK, 20-23<sup>rd</sup> July, 2010. Individual Symposium Presentation, titled, *'Depression and anxiety in relation to goal coherence and goal conflict in adolescents' personal goal systems'*.
- 16. Nicholas Moberly & Joanne M. Dickson. Symposium Presentation, titled, 'Utilising Control Theories in the Science and Practice of CBT'. 22<sup>nd</sup> July, 2010. British Association of Behavioural and Cognitive Psychotherapies (BABCP) 38<sup>th</sup> Annual conference, Manchester, UK, 20-23<sup>rd</sup> July, 2010. Individual symposium presentation, titled, '*Ruminative thinking and goal strivings: Conflict, difficulty, ambivalence and avoidance'*.
- 15. Joanne M. Dickson, Nicholas J. Moberly, Yehuda Marshall. Individual Presentation, titled, 'Attachment processes and their relationship to working alliance in the supervision of British clinical psychology trainees'. 21<sup>st</sup> July, 2010. British Association of Behavioural and Cognitive Psychotherapies (BABCP) 38th annual conference, Manchester, UK, 20-23<sup>rd</sup> July, 2010.
- 14. Ben Harper & Joanne M. Dickson. Individual Presentation, titled, 'I am a person not a label': Young people's transition into adulthood and their experiences of 16-18 MHS. Faculty for Children and Young People Conference, 2010. British Psychological Society (BPS), Warwick, UK, pp30-31.
- 13. Kate Hardy, Joanne M. Dickson, & Tony P. Morrison. Individual Presentation, titled, 'The subjective experience of people at high risk of developing psychosis journeying into and through an early detection psychosis service'. International Congress on Schizophrenia Research, San Diego, US, 28<sup>th</sup> March 1<sup>st</sup> April, 2009. Schizophrenia Bulletin 35, 309-310.
- Jen Unwin & Joanne M. Dickson. Individual Presentation, titled, 'Goal focused hope and spiritual hope in relation to well-being'. British Psychological Society (BPS), The Division of Clinical Psychology (DCP) Annual Conference, BPS, London, 9-11<sup>th</sup> December, 2009.
- 11. Joanne M. Dickson, Nicholas Wood, Jan Burns, & Pieter Nel. Seminar, Titled, 'Becoming an examiner of doctoral clinical psychology. British Psychological Society (BPS), Group of Trainers in Clinical Psychology (GTiCP) annual conference. UK, 2009.



- 10. Aida Moses, Joanne M. Dickson, & Ryan Aguiar. Presentation, titled, 'Brain-injured survivors' experience of neurorehabilitation in the wider context of adaptation to brain injury: an interpretative phenomenological analysis'. The 6<sup>th</sup> Satellite Symposium on Neuropsychological Rehabilitation. Tallinn, Estonia, 3-4<sup>th</sup> August, 2009.
- 9. Alex Montasem, Steve Brown, Joanne Dickson, J., & Rebecca Harris. Individual Presentation, titled, 'Self-concordant personal goals and subjective well-being in dental students'. The European Association for Dental Education (EADE). Helsinki, Finland, 26-29<sup>th</sup> August, 2009.
- 8. Joanne M. Dickson & Nicholas J. Moberly. Individual Presentation, titled, Anxious and non-anxious adolescents' personal goal systems in relation to goal coherence and goal appraisals. European Association of Behavioural and Cognitive Therapies 38<sup>th</sup> annual conference, 2008. Helsinki, Finland. Annual Conference Abstracts pp.197-198.
- 7. Joanne M. Dickson, & Nicholas J. Moberly. Presentation, titled, 'Anxiety, defensiveness and the specificity of personal event representations'. Annual British Association of Behavioural Cognitive Psychotherapies (BABCP) 36<sup>th</sup> Annual conference, 2008. Edinburgh, UK, Abstracts, p.37.
- 6. Montasem, A., Harris, R., Dickson, J., Burnside, G., Grieveson, B. Presentation, titled, *'Personality traits and dental student well-being'*. Pan European Federation of the International Association for Dental Research Conference, 2008. London: Abstracts, 0418.
- 5. Pieter W. Nel, Joanne M. Dickson, Aida Moses, & G. Williams. Co-Chair. Seminar, titled, 'The long and winding road: Journeys in qualitative research workshop'. British Psychological Society (BPS) Group of Trainers in Clinical Psychology (GTiCP) Annual conference, 2008. Liverpool, UK. Conference Abstracts, pp1-2.
- **4. Joanne M. Dickson** (2008). Convenor, Research Stream. British Psychological Society (BPS), Group of Trainers in Clinical Psychology (GTiCP) Annual conference, 2008. Liverpool, UK.
- 3. Joanne M. Dickson, & Andrew K. MacLeod. Poster Presentation, titled, 'Causal effects of goal orientation versus goal outcome focus'. World Congress of Behavioural and Cognitive Therapies 5<sup>th</sup> Annual conference, 2007. Barcelona, Spain. (Abstracts, p.2).
- **2. Joanne M. Dickson**. Poster presentation, titled, *Anxiety from a motivational perspective*. British Psychological Society Annual conference, 2006. Cardiff, UK: Abstracts, p.171.
- **1. Joanne M. Dickson** & Andrew K. MacLeod (2001). Presentation, titled, *Approach and avoidance motivational processes underlying anxiety and depression*. World Congress of Behavioural and Cognitive Therapies, 3<sup>rd</sup> annual conference. Vancouver, Canada. *Abstracts*.