## **Previous Research Grants**

<u>Sim, M.</u> (2011) Influence of exercise modality and intensity on post-exercise inflammation and hepcidin levels. Exercise and Sports Science Australia, Applied Sports Science Research Grant, Lead Investigator (\$10,000).

<u>Sim M</u>, Dawson B, Peeling P. (2014) Effect of supplementary tart cherry juice on sleep quality, recovery and next day performance in elite waterpolo players. Australian Institute of Sport High Performance in Sport Research Fund, Lead Investigator (\$9,354), 2014.

Binnie M, <u>Sim M</u>, Dawson B, Peeling P. (2014) Influence of ischemic preconditioning on repeated 1000 m kayak efforts. Australian Institute of Sport High Performance in Sport Research Fund, Co-Investigator (\$13,000).

Peeling P, Badenhorst C, <u>Sim M</u>, Cox G, Dawson B. (2015) Ironing out the problem: Can a carbohydrate rich diet enhance iron metabolism in athletes? Exercise and Sports Science Australia, Applied Sports Science Research Grant, Co-Investigator (\$15,000).

Peeling P, Cox G, McCormick R, Sim M, Goodman C, Dawson B (2017) Iron consumption: timing is everything – but when is best? Australian Institute of Sport High Performance Sport Research Fund. Co-Investigator (\$34,188).