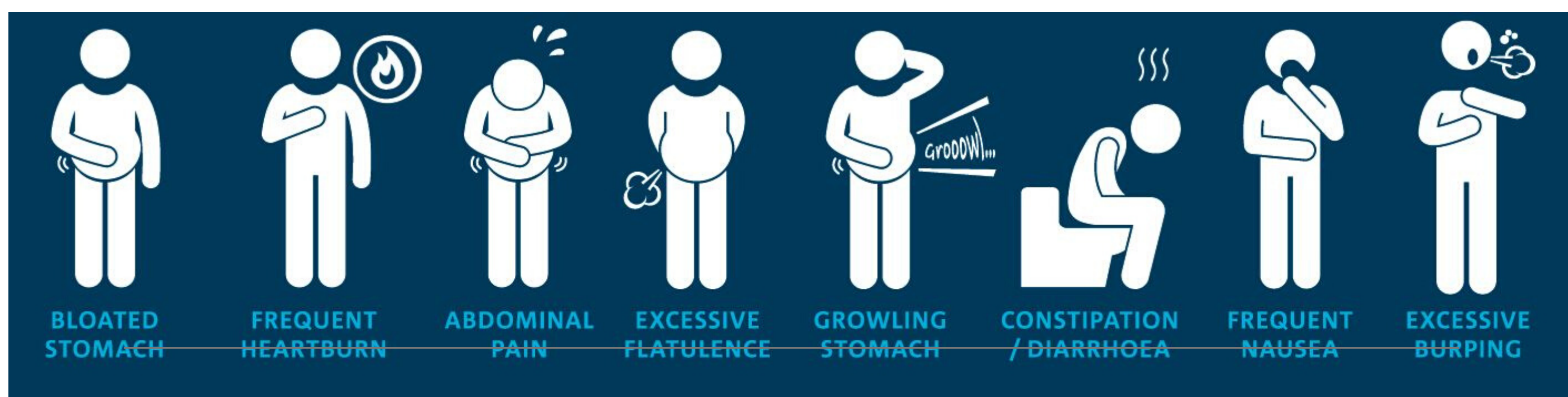


Volunteers Needed!

Cutting-edge study into IBS, Low FODMAP & Fibre

Do you have **Irritable Bowel Syndrome** ?

Are you on a **Low FODMAP diet**?



Improve your Gut & Mental Health, and Sleep

Research being conducted at ECU is looking at whether Fibre provided to people with IBS who are on a low FODMAP diet will improve their gut & mental health, and sleep. You will receive information on your health and sleep. The study has been approved by the ECU Human Research Ethics Committee.

For more info, please scan



or visit: <https://bit.ly/3bxUNJC>

contact Tina at: ryan1@our.ecu.edu.au; or 0448 264 864

Mandy: ajmurph1@our.ecu.edu.au