

# Can we improve recovery by exercising your good arm after stroke?

**We are looking for participants** for our study aiming to improve recovery of your affected arm by training of your unaffected arm.

This study takes place at the ECU in Joondalup. If you participate in this study you will train twice a week for 8 weeks to strengthen one arm. Before, during and after this program your sensory skills will be assessed with a robot. You will be using state-of-the-art training methods and robotic equipment.

In order to participate in this study, you have to meet the following criteria:



- You must be at least 18 years of age
- You have had a left sided stroke more than six months ago
- You have a right sided hemiparesis, without any fixed contraction deformities
- You must have had an ischaemic stroke
- You must be able to follow simple instructions
- You are not using any electronic neural stimulation devices
- You must not have participated in an intensive arm strength training program in the last 6 months

For further details or questions please contact:

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