

Building Psychologically safe & compassionate workplaces

About the course

The aim of this short course is to strengthen compassionate actions at the employee-to-employee level, and manager-to-employee level. This leads to; increased trust, individual wellbeing, lower instances of bullying and harassment, higher affective commitment and commitment to organizational outcomes.

Why this course is for you

This course is designed for leaders and executives in the public sector and the health sector. Participants will engage in practical learning towards the creation of a healthy work environment and for the management of the psychosocial risks for positive individual and organisational outcomes.



Course overview

The program comprises of two components that can be delivered as part of an integrated package, or the material can be separated and delivered independently.

The first component focusses on evidence-based practical learning towards the creation of a 'healthy work' environment and the management of the psychosocial risks for positive individual, and organisational, outcomes.

The second component focusses on developing a positive high performance culture through the use of 'compassion champions'. Most organisations have anti-bullying programs that, though important, tend to be centrally concerned with the reduction of harm rather than the promotion of kindness, and they can sometime unnecessarily target victims. For workplaces to realise the true benefits of a positive, high performance culture, training needs to be oriented towards growing civility, kindness and compassion.

About the Facilitators

Professor Tim Bentley is a Professor of Work and Wellbeing and Acting Associate Dean Research in the School of Business and Law, and he works with the School's Centre for Work and Organisational Performance (CWOP). His research focuses on psychosocial risks, occupational health, safety and wellbeing, and human factors issues in work.

Associate Professor Ben Farr-Wharton is an Associate Professor in Management at the School of Business and Law, Edith Cowan University. His research explores employee wellbeing and workplace compassion, with a particular focus on healthcare and public sector organisations.

Cost and inclusions

We offer specials and occasional discounts, please see our website for the current price. Website:

<https://www.ecu.edu.au/short-courses/business>

All resources required to complete the course are included, as well as catering throughout the day.

Further Information:

Please contact the Executive Education team on exeducation@ecu.edu.au or (08) 6304 2504