



ECU Surviving Exams Workshop

ECU Surviving Exams Workshop is an information session to help you improve your ability to successfully complete exams in high school. Suitable for students enrolled in years 10, 11 or 12.

Register Now if you:

- have difficulty managing the stress of exams
- find it hard to organise yourself to study effectively
- have difficulty remaining clear and sharp during exams
- don't understand how to answer different exams questions

This workshop will cover:

- understanding and managing exam stress
- how to create effective study habits
- setting realistic study goals
- how to answer different types of questions
- time management techniques
- motivation techniques to success

The workshop will be facilitated by postgraduate Clinical Psychology students under supervision of Senior Clinical Psychologists and aims to equip you with the knowledge and skills to improve your exam success.

**Creative thinkers
made here.**



When

Monday 19 May 2025
3.30pm to 6.00pm

Where

ECU Psychological Services Centre
ECU Health Centre, Level 2
30 Dundobar Road Wanneroo 6065

Cost

\$10.00 - includes workshop, tea, coffee and a light snack. Reduced fees for concession card holders.

Register

psychologicalservices@ecu.edu.au

(Registrations will be confirmed prior to commencement of workshop)



(08) 6304 7200



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