



# NATIONAL NUTRITION NETWORK

## Early Childhood Education and Care

### OUR MISSION

The National Nutrition Network's mission is to promote best practice food provision within Early Childhood Education and Care (ECEC) settings in order to facilitate health, nutrition and positive developmental outcomes for children.

### OUR BACKGROUND

Given the high volume of children who attend ECEC settings, there is an ideal opportunity to support staff to deliver healthier food environments for the children in their care. This is particularly important given the ECEC sector must now maintain national standards established by the Australian Children's Education and Care Quality Authority (ACECQA).

In order to support the sector, the National Nutrition Network was formed as a mechanism to build collaboration between key stakeholders. Our overarching aim is to facilitate consistency of information, research and practical application of evidence-based learnings.

Specifically, we seek to:

- facilitate discussions relating to research and professional development to drive future agendas.
- support and facilitate nutrition research translation into best practice.
- share expertise and knowledge to reduce replication of research and resources.
- collate evidenced-based professional development opportunities and resources.
- support continued improvement of service delivery.
- build an evidence base of ECEC nutrition research.
- support advocacy and influence sector stakeholders through knowledge exchange.

### COLLABORATION

The National Nutrition Network is committed to building collaborative opportunities with diverse stakeholders in order to share knowledge as a supportive community of practice.

We encourage organisations including: government and non-government groups; universities; international representatives and members of the broader community to contact the National Nutrition Network with relevant recommendations to support the important work being undertaken in Early Childhood Education and Care (ECEC) sectors. We are keen to receive updates on the resources that you currently use or where you can see gaps and unmet needs. We are also keen to hear about new research, research ideas and ways that we can support the translation of evidence into policy and practice.

Contact Ros Sambell, Chair;

[NNN-ECEC@edu.ecu.au](mailto:NNN-ECEC@edu.ecu.au)

[NNN-ECEC Webpage](#)

 Nnn-Ecec



UiO : University of Oslo



# NNG-ECEC Advisory Group Members



Ros Sambell, Chair



Prof Amanda Devine



Dr Ruth Wallace



Dr Leesa Costello

## Edith Cowan University, WA

EXPERTISE: Food provision in ECEC, food allergy, public health nutrition, food literacy, research translation, website development, nutrition education, EY health, health promotion, health communication, qualitative research methods, social connectedness



Dr Penny Love  
Intervention  
Stream Lead



Dr Alison Spence

## Deakin University, Vic

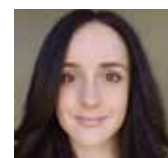
EXPERTISE: Public health nutrition, research translation, EY nutrition; behaviour change; children's food intake assessment; nutrition and early prevention of obesity and cardiovascular disease. Nutrition promotion, evidenced-based nutrition education.

## NSW Office of Preventive Health

EXPERTISE: Program implementation, health promotion, healthy eating children 0-5 year in ECEC services.



Lara Hernandez



Jaclyn Coffey



Dr Rebecca Byrne  
Measurement  
Stream Lead



Suzie Harte

## Queensland University of Technology

EXPERTISE: Dietary intake, eating behaviour and feeding practices – children 0-5 years; breastfeeding, eating behaviour in early life and health implications throughout life.

## The University of Wollongong, NSW



Erin Kerr

## Uni Sydney, NSW

EXPERTISE: Government role in obesity prevention.



Emma Esdaile



Louisa Matwiejczyk  
Advocacy Stream Lead



A/Prof Rebecca  
Golley



Dr Lucinda Bell



Shabnam Kashef

## Flinders University, SA

EXPERTISE: Evidence-based nutrition promotion, nutrition behavior change, public health nutrition, measurement of child food intake, evaluation nutrition initiatives in ECEC settings, families and communities dietetics, health promotion, project management, implementation science.



Margaret Rozman  
Vic



Amy Wakem  
Vic



Amelia Webster  
QLD



Leanne Elliston  
ACT

## Nutrition Australia, Vic, Qld, ACT

EXPERTISE: Accredited Practicing Dietitian, EY Nutrition, food provision in ECEC settings, interventions, Early Years Educator.

## The University of Newcastle, NSW

EXPERTISE: Behaviour change, implementation science, childhood nutrition, Dietitian, food provision, implementation science.



A/Prof Luke Wolfenden



Dr Alice Grady



Dr Serene Yoong



Kirsty Seward

## University of Canberra, ACT

EXPERTISE: Maternal and child nutrition, diabetes, child obesity, psychosocial aspects of child-feeding, dietetic education.



Dr Rati Jani



Dr Cathy  
Knight-Agarwal



Dr Sarah Gerritsen

## University of Auckland, NZ

EXPERTISE: Dietary guidelines, policy, EY eating behaviours.



Yolandes Smit

## Stellenbosch University, Cape Town, South Africa

EXPERTISE: Food environments and meal provision in ECD (South Africa)



Dr Siobhan  
O'Halloran



A/Prof Anne-Lene  
Kristiansen

## University of Oslo, Norway

EXPERTISE: Children's food intake, dietary surveys