**Regular Activity Review Form**

Do you attend a club on a regular basis and want to collect hours?

Complete this Regular Activity Review Form to earn up to 10 hours in your Passport for the year.

Name of Activity –

Teacher/ Instructor Name –

Address of the Activity –

Training / Game Times –

What have you enjoyed the most about participating in this activity? Give reasons for your answer.

What skills would you like to learn or improve on for next year?

What skills do you feel you have learnt / improved this year? How has this activity helped you to achieve this?

Explain why you chose to participate in this activity, why would you recommend it to other CU members to try?

**Attach a photo or drawing to help communicate your ideas and show what you learnt.**